

Attention Business/Financial Editors:  
Skor Food Group Reports Record 2005 Financial Results

NET INCOME INCREASES 87%

TORONTO, Dec. 8 /CNW/ - The Skor Food Group Inc. (TSX.V: SKF) ("Skor"), a rapidly growing, broad line food service distributor announced record revenue, earnings and profit for the year ended August 31, 2005. Year over year, revenue increased by 33% to \$81,514,600, earnings before tax increased 87% to \$2,691,933, and net income by 87% to \$1,709,289 or \$0.11 per share.

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Fiscal year ended August 31	2005	2004
Revenue	\$ 81,514,600	\$ 61,182,389
Earnings before tax	\$ 2,691,933	\$ 1,439,495
Net Income	\$ 1,709,289	\$ 914,100
EPS (basic)	\$ 0.11	\$ 0.07
Shares outstanding (basic)	16,073,536	13,443,170

At the beginning of the 2005 fiscal year management committed to delivering solid financial results from its two distribution operations, Gorman Distributing and Derry Foods, and to consolidate these operations into one premises. The strong financial performance is evidence the Company is achieving its operational objectives and the consolidation of Gorman and Derry will be completed by December 2005. The consolidation of operations will provide significant cost savings and the new facility will have sufficient capacity to grow the business to the Company's goal of more than \$500 million in revenue by the year 2012. Senior management is pursuing a number of specific, accretive acquisitions within its industry segment that will propel the Company to become a major supplier of products to Ontario's food and beverage industry.

"Our corporate objective is to build long-term, sustainable, shareholder value," said Vince Capobianco, President. "As evidenced by our financial and share performance in the past two years, we believe the market is beginning to recognize our accomplishments and vision. Furthermore, our working capital position has never been stronger as we seek out acquisition opportunities in distribution, manufacturing and retail to become a full service, vertically integrated food company."

The Company has awarded 50,000 options at \$0.95 to a senior officer of the company.

The Skor Food Group Inc. distributes more than 7,000 private label and name brand, frozen goods, refrigerated products and dry goods to a wide range of multi location food retailers, Quick Service Restaurant chains (QSR), independent food service operators, day care facilities and government institutions throughout Ontario.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

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