

The Skor Food Group Inc Announces Record Annual Sales and Earnings

Sales and net earnings growth of 62% and 211%, respectively.

Toronto, Ontario, December 8, 2004

The Skor Food Group Inc. (TSX.V: SKF)(“Skor”), a rapidly growing Ontario based, broad line food service distributor, today announced record sales and earnings for the year ended August 31, 2004. On a year over year basis, Skor grew its sales and net earnings by 62% and 211% respectively, a function of organic growth and two strategic acquisitions.

Year Ended August 31

	<u>2004</u>	<u>2003</u>
Sales	\$61,182,389	\$37,713,291
Earnings Before Tax	1,439,495	356,534
Net Earnings	914,100	293,841
Earnings Per Share (Basic)	0.07	0.02

2004 was a banner year for Skor. The Company successfully acquired Pizza Professionals and Gorman Distributing, both Ontario-based food distributors. These acquisitions increased both Skor’s product offering and customer base, thereby positioning the Company to become a more dominant food service distributor in its marketplace.

“We enter fiscal 2005 with an annual revenue run rate of \$88 million and looking forward, we expect to grow our business beyond this base and enhance our profitability by focusing on plant integration, working with our business partners to develop new business opportunities and through synergistic value added accretive acquisitions,” commented Vince Capobianco, President and CEO of Skor. Mr. Capobianco went on to say, “our strong balance sheet, which includes working capital of more than \$3.6 million and unused bank credit lines of \$3.5 million, will allow Skor to continue to execute on completing the vertical integration of the total business.”

Conference Call: You are invited to attend a conference call on Monday December 13, 2004 at 4:15pm Eastern Standard Time to review the 2004 financials and provide a corporate update. The **dial-in numbers** are 416-640-4127 in Toronto, or, Toll Free 1-800-814-4853. Callers should request the Skor Food Group Conference call.

The Skor Food Group Inc. distributes more than 6,000 private label and name brand, frozen goods, refrigerated products and dry goods, from two locations encompassing more than 100,000 ft², to a wide range of multi location food retailers, Quick Service Restaurant chains (QSR), day care facilities, government institutions and independent food service operators in Ontario.

For additional information, contact

Mr. Vince Capobianco
President & CEO
905-677-1313 ext 225
vincec@skorfoodgroup.com

John Lewis/Lenny Foreht
Linear Capital Corp.
(416)364-2266
jrlewis@linearcapital.com

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.