

NEWS RELEASE

The SKOR Food Group Inc. Significantly Increases Distribution Base With Acquisition of Gorman Distributing Limited

Toronto, March 5, 2004

TSX.V – SKF

TORONTO, ONTARIO: The Skor Food Group Inc. announces that it has purchased all of the issued and outstanding shares of Gorman Distributing Ltd. (Gorman) from F.O.S.U. Holdings Inc. Gorman, a full service food distributor, is expected to contribute revenue of \$37 million on an annualized basis and complements Skor's wholly owned subsidiary, Derry Foods Limited in serving customers throughout Ontario. The combined companies will generate approximately \$78 million in annualized revenue, serving a customer base of over 2000 clients. Importantly, this distribution platform positions the Company to develop the higher margin retail market opportunities.

Mr. Vince Capobianco, President of Skor made the following comment on the acquisition: "The purchase of Gorman compliments our existing business and is part of our stated goal to grow our company both organically and through strategic acquisitions. This acquisition gives us a substantial presence in the Ontario market."

The aggregate purchase price is approximately \$3,208,707 and is subject to adjustment based on a closing balance sheet. At the option of Skor, it may satisfy up to \$200,000 of the purchase price by the issue of common shares of Skor when the closing balance sheet is finalized.

The SKOR Food Group Inc. warehouses and distributes more than 5,000 different food and grocery products to the grocery, restaurant, hospitality and institutional markets in Ontario. The Company's shares trade on Tier 1, of the TSX Venture Exchange under the symbol SKF.

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The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.